



2019 SUMMER HOCKEY DEVELOPMENT

Development – 10U (Boys/Girls)

Born: 2009, 2010

All sessions at Seven Oaks Sportsplex:

<u>Date</u>	<u>Rink</u>	<u>On-Ice</u>	
Tue 09-Jul	Blue	6:45 PM	
Thu 11-Jul	Blue	6:45 PM	
Tue 16-Jul	Blue	6:45 PM	
Thu 18-Jul	Blue	6:45 PM	
Tue 23-Jul	Blue	6:45 PM	
Thu 25-Jul	n/a	None	No activities
Tue 30-Jul	Blue	6:45 PM	
Thu 01-Aug	Blue	6:45 PM	
Tue 06-Aug	Blue	6:45 PM	
Thu 08-Aug	Blue	6:45 PM	
Tue 13-Aug	Blue	6:45 PM	
Thu 15-Aug	Blue	6:45 PM	
Tue 20-Aug	n/a	None	Pre-Season Camp
Thu 22-Aug	n/a	None	Pre-Season Camp
Tue 27-Aug	Red	10:15 AM	3v3 Prep/RISE

- 12 on-ice sessions lead by RISE Hockey
- Includes RISE Sport Test development testing session and 1 Tryout Prep 3v3 session
- Private & Semi-Private on-ice coaching sessions available April - August
- Semi-Private and Private NRG Training options available April – June
- Pre-Season Camp – August 19-23
- 3v3 Tryout Prep – August 26-30